

9 ROPE

Pull Yourself Forward >>



Powerful Resistance Training

Qrope Power
Complete Home Gym
In Folded Position



Only **4sqft** parameter
needed for entire station.

A fully mobile, never ending rope device
resistance range: 11-132 lbs (5-60 kg)



Q-Rope

EAN 7290019836155



Q-Pull Up Bar

EAN 7290019836155



Q-Bar

EAN 7290019836209



Q-Parallels

EAN 7290019836308



Q-Step

EAN 7290019836353

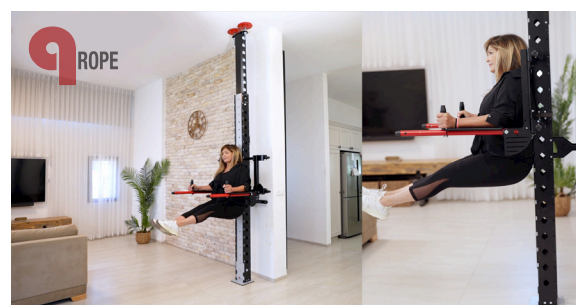
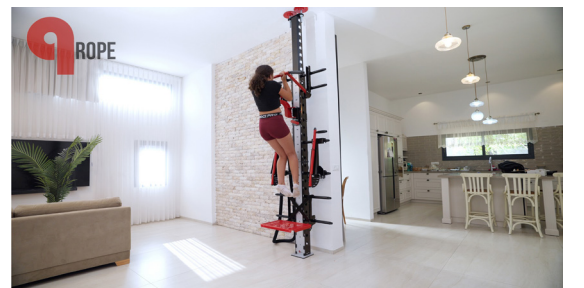
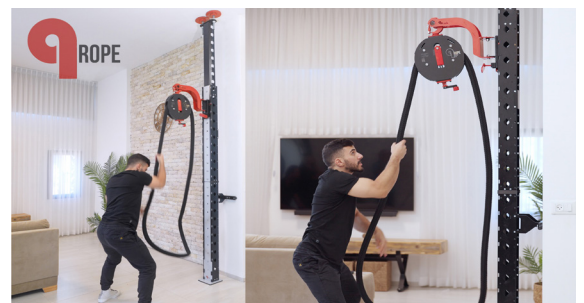
Q-Pole
EAN 7290019836100



Qrope Power Complete Home Gym



- Installation between the ceiling and the floor by pressure without drilling.
- Installation by drilling to a concrete wall.
- Installation by drilling to a plaster/wood wall.



Q ROPE



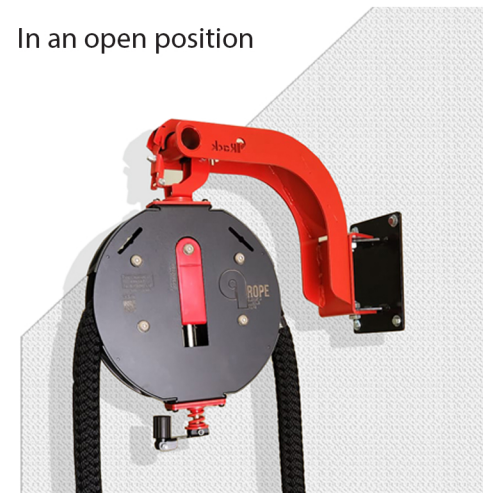
Pull Yourself Forward >>



In a folded position



In an open position



Q-Rack is attached to a concrete wall with the Q-Rope hanging

Just before pulling Q watch the videos
www.Qrope.co



Q-Rack

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- » The Qrope must be used according to the attached instructions for use.
- » The device must be docked to a stable and durable place.
- » Do not use the device while there is a medical problem that limit.
- » the performance of physical fitness Stretching must be done before and after working with the device.
- » The correctness of the device and the locking of the connection device must be checked before activation.
- » It is recommended to use gloves.